

EMS Edmonton

EMS Edmonton - Constitutional Hydrotherapy is a method that joins electrical muscle stimulation or EMS along with a cold compress and a hot compress. This particular therapy works through stimulating the immune system which enables the patient to be able to reposition from a dominant sympathetic state to a relaxing parasympathetic state, helping to stimulate the healing process inside the body. The electrical muscle stimulation causes muscular contractions so as to boost venous and lymph blood circulation.

Also utilized as a complimentary treatment, Constitutional Hydrotherapy may work for various health conditions like asthma, irritable bowel syndrome, premenstrual syndrome, respiratory infections and some other health conditions that help to support the immune system. Patients could require as many as 10 treatments to notice real results.